

#stayinspiredVADC



Virginia + DC *FIRST*® LEGO® League is launching a movement during this time of uncertainty to stay inspired and to continue the education. We will be promoting new challenges for you and your family to participate in using everyday household items, online resources, and creativity to continue STEAM education through project based learning.

These challenges will be geared towards students ages 6-14.

While the challenge themes and resources will be focused on *FIRST*® LEGO® League and *FIRST*® LEGO® League Jr. themes, anyone can take part or join at any time!

Each week we will send out a challenge guide with..

- The weekly challenge
- One general resource for all ages
- Two resources age specific resources (but feel free to check out both)
 - Ages 6-10 (*FIRST*® LEGO® League Jr.)
 - Ages 9-14 (*FIRST*® LEGO® League)

You can find the challenge and resources...

- By subscribing to our [mailing list](#)
- Checking out our [#stayinspiredVADC page](#)
- By following our social media on [Facebook](#) and [Instagram](#)

By Thursday of each week, we want you to share your work with us by EITHER

- Posting on social media (Use #stayinspiredVADC and tag us in your posts/ stories) **OR**
- Sending your work to us (Send any video/ media/ stories to marketing@va-dcfl.org with the subject line: #stayinspiredVADC)

Every Friday, we will do a recap of the week and share all the awesome ideas that were sent us. You can find our recap on social media and on our [website](#).

If you have other awesome resources or activities that you want to share with the community, send them to marketing@va-dcfl.org



**Stay strong &
stay inspired!**

